

Optimum Vitamin Nutrition

The full potential of vitamin nutrition





What is OVN®?

The Optimum Vitamin Nutrition (OVN[®]) program provides the confidence that pets receive the full value of vitamin fortification from a safe and reliable source. The program is based on the knowledge that:

- Vitamins are involved in most metabolic functions, so an improper inclusion in pet food can result in compromised health.
- The OVN[®] supplementation guidelines help pet nutrition product formulators keep current with advancements in vitamin nutrition.
- The OVN[®] program only uses vitamins from the leading manufacturer, DSM Nutritional Products, the provider of the highest quality and the most technologically advanced vitamin forms that are in compliance with key global regulations and provide full traceability for maximum safety.
- The OVN[®] program only uses vitamin premixes from the experts, DSM Nutritional Products. The science behind premix manufacturing plays an important role in ensuring proper nutrient levels in pet food.
- Difficult-to-read and overcrowded pet food labels make it difficult to understand if the pet will receive the optimum level of vitamins. The OVN[®] logo is the assurance they will.

There is no life without vitamins!

The name "Vitamin" or "Vitamine" is derived from the Latin word "vita" meaning "life" combined with the chemical term "amine". Unfortunately, the discoverer of vitamins and creator of the term, Polish American Biochemist Casimir Funk, hypothesized all vitamins were amines. He was incorrect, however, they are Vital for Life.

> Vitamins are as essential for companion animals as they are for humans. Traditionally, the animal feed industry set vitamin fortification levels for complete feeds at a minimum amount required to prevent overt clinical deficiency. Moving into the 21st century, while industry begins to consider vitamin requirements in the wider context of optimum levels, the trend remains to only follow evidence based upon limited studies of low complexity. Such an approach generally negates experience



or intelligent interpretation or extrapolation of aspects of physiological processes associated with diseases and comparative nutrition as the evidence based approach tends to only consider "hard" end points of trials.

In the context of determining **Optimum Vitamin Nutrition** for companion animals there should be perhaps a more subtle set of considerations as to what constitutes a positive response to vitamin supplementation. OVN[®] is a move to maintaining overall animal well-being rather than preventing a clear cut deficiency, which includes functional improvements, like coat condition, outward signs of cognitive function, antioxidant status or stamina during exercise. This is an important point to recognize in the development of quality pet food.



- exceed levels needed to prevent clinical deficiency
- compensate for various factors influencing an animal's requirements
- ensure fortification not limiting the animal's natural defense against disease

Keeping an eye on science

It is difficult for pet nutritional product formulators in commercial business to keep up with the growing body of scientific evidence supporting advancements in companion animals nutrition. This field has experienced not only rapid development in clinical nutrition research, considering the most recent thrust in the area of nutrigenomics, but also an increase in information being generated by an expanding number of companion animal research centers across the globe. Since DSM Nutritional Products remains a leading manufacturer of vitamins and vitamin premixes, and continues to invest in the pet food industry, the OVN[®] program provides vitamin supplementation guidelines taking into consideration results from ongoing research in all areas of vitamin nutrition.

Most advanced vitamin forms

It is vital to be able to impart to the pet owner the element of confidence in that the vitamins in their pet's food, treat, or dietary supplement of any kind are beneficial, safe, stable and the highest quality possible. In the highly competitive and dynamic global pet food market manufacturers of pet nutritional products

struggle with the rising cost of high quality protein sources and speciality ingredients; materials necessary for a brand to stav relevant. The temptation is therefore to reduce cost wherever possible. This often results

in the procurement of the least expensive micronutrients, because they are often perceived as commodity ingredients, without realizing quality is being compromised. Today, pet owners' awareness related specifically to vitamin quality is high due to a greater exchange of information across social media. Consumers are therefore willing to pay a premium for high quality pet nutritional



products and demand that they are formulated with optimum levels of high quality vitamins. This is, of course, an appropriate demand since providing optimum nutritional intake for all companion animals is equally important as it is for humans.

The past century has witnessed remarkable discoveries that have advanced our understanding of vitamins and their vital role in health and wellness. DSM Nutritional Products, the global leader in vitamins, is proud to have been part of this vitamin journey and is committed to making further scientific advances for generations to

Did you know:

Sub-optimal or unsafe levels of vitamins can occur for many practical reasons:

1. Most pet foods and treats are manufactured using some of the harshest processes known in the food industry.

come including production

most technologically ad-

wide.

iust a blend

of the highest quality and the

vanced vitamin forms world-

Vitamin premix, it's not

chemical and physical forms

resulting in particles ranging

in size, density, shape, and

electrostatic charge. Formu-

Vitamins come in many

- 2. A vitamin's activity can be greatly reduced when exposed to heat, light, oxygen, high and low pH conditions, and/or exposure to other reactive substances while less expensive, basic vitamin forms may be over formulated in a product in anticipation of these loses leading to nutrient imbalances.
- 3. As dogs and cats age their bodies are less able to absorb certain vitamins at the same rate and often their total daily food intake goes down; Vitamin forms play a role by influencing bioavailability of the nutrient.
- 4. How a pet shop owner or consumer stores the pet food (e.g. storage of the food in a hot store room, the quality of the food packaging) will impact what vitamin activity the animal receives. Proper distribution of the vitamins throughout the food product during manufacturing relies heavily on high quality and technologically advanced vitamin forms which deliver the right potency for proper weighment and optimum particle characteristics for best homogeneity and flow.

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lating a premix requires knowledge of the application relative to manufacturing and product type. Factors used for formulating a vitamin premix include vitamin form selection and balancing nutrient potency using the appropriate carriers. The experts at DSM Nutritional Products understand how to formulate and manufacture premixes to achieve the highest quality

outcome.

100 YEARS OF VITAMINS



Vitamin A

For vision, reproduction, growth, teeth, nails, hair, bone, and glands, cellular differentiation, and morphogenesis.



Vitamin B₂

Central to energy metabolism, plays a role in antioxidant capacity of the body, and helps maintain healthy skin and eyes.

lism and glucose production. Needed for the synthesis of fatty acids, steroids, and hemoglobin.



Pantothenic Acid (Vitamin B₅) Involved in energy metabo-

Folic Acid

Important in mitochondrial protein synthesis, blood health, and the metabolism of amino acids and nucleotides.

Vitamin B₆

Significant role in physiological processes in the body, such as glucose production, red blood cell function, nervous system function, immune response, lipid metabolism, hormone modulation, gene expression, etc.

Vitamin D

Regulates calcium and phosphorus metabolism supporting bones and teeth. Supports biological processes including immune and cognitive function.



Vitamin C

A water soluble antioxidant that aids in the production of collagen, providing support to muscles, vascular tissues, bones, and cartilage.

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Vitamin E

Antioxidant that protects cells from damaging free radicals resulting in improved immune function, prolong life of red blood cells, and maintain a healthy circulation system.





B-Carotene

A powerful antioxidant and immune modulator. Also a pro-vitamin A in dogs and stimulates both cellular and humoral immune responses.



Biotin (H)

Needed in glucose and fatty acid synthesis, amino acid metabolism, and energy metabolism. Important for healthy skin and hair coat quality.



Is critical in lipid metabolism and

creatine, carnitine, and the neuro-

healthy liver function. Involved

in the synthesis of methionine,

transmitter acetylcholine.

Vitamin B₁

Facilitates the metabolism of carbohydrates, lipids, and amino acids. Supports healthy neurological function.





Vitamin K Essential for healthy blood clotting

transcription, and replication.

Required for energy and protein metabolism

and fat synthesis. Essential for DNA repair,

Niacin (Vitamin B.)

and a critical factor in bone formation and metabolism.

Vitamin B.,

Necessary for **DNA** formation and red blood cell production. Helps maintain the nervous system, essential for healthy mental function, and critical for heart health.







OVN® a symbol of quality

Vitamins are long-established nutritional ingredients that are recognized for their health benefits with a worldwide awareness exceeding any other nutrient. A sampling from a 2015 U.S pet consumer study highlights how pet parents see the impact of vitamins on the health of their pets. The OVN® logo on a pet food package communicates that the product is formulated to fully leverage this potential for the pet's benefit. Ultimately, OVN[®] contributes to happiness and long-lasting interaction between pets and their owner.

Percent of pet owners that agreed with the statement





Optimum Vitamin Nutrition (OVN®) for Dogs and Cats

Establishing precise Optimum Vitamin Nutrition for dogs and cats is very challenging. Many factors affect OVN[®] for dogs and cats. These factors include, but are not limited to, animal species, life stages, life styles, individual variation, the forms and bioavailability of the vitamin, nutrient interactions in food and the body, environment conditions, and the end points used to establish OVN[®].

Vitamin A

Vitamin A is important for vision, reproduction, growth, cellular differentiation, and morphogenesis. It is needed for the growth and maintenance of teeth, nails, hair, bones, and glands. For example, improved skin and hair coat quality in adult dogs was associated with a premium dry dog food containing 22972 IU vitamin A/kg diet.¹

Vitamin D

Vitamin D regulates calcium and phosphorus metabolism. It supports strong bones and teeth. The metabolite of Vitamin D also affects many biological functions of the body such as skin health and regulation of cell differentiation. Most immune cells have vitamin D receptors and their immune function is enhanced by vitamin D.²

Vitamin E Vitamin E is a major lipid

soluble antioxidant in cell membranes, plasma, and tissues. It protects cells from damaging free radicals generated during normal energy metabolism, stressful conditions, and pathological situations, such as inflammation. It helps to improve immune function, prolong the life of red blood cells, and maintain a healthy circulatory system. It has been found that diets containing 552 IU vitamin E/kg diet significantly improved immune function in both young and old cats.³ In another study. dietary vitamin E concentration at 598 IU/kg and 540 IU/kg significantly reduced serum alkenal concentration, a product of oxidative damage, in dogs and cats, respectively.4

Vitamin K

Vitamin K is essential for healthy blood clotting and is

a critical factor in bone formation and metabolism in dogs and cats.

Vitamin B₁ (Thiamin)

Vitamin B, facilitates the metabolism of carbohydrates, lipids and amino acids. It supports healthy neurological functions and the maintenance of peripheral nerve tissues.

Vitamin B₂ (Riboflavin)

Vitamin B_2 is central to energy metabolism and is involved in both one-electron and two-electron transferring. It also plays a key role in antioxidant capacity of the body through participating in the glutathione redox cycle. Riboflavin helps maintain healthy skin and eyes.

Vitamin B₆ (Pyridoxine)

Vitamin B₆ plays a significant role in a broad range of physiological processes in the body, such as glucose production, red blood cell function, nervous system function, immune response, lipid metabolism, hormone modulation and gene expression.

Niacin (Vitamin B₃)

Niacin is required for energy metabolism, fat synthesis, and protein metabolism. It is also essential for DNA repair. transcription, and replication.

Pantothenic Acid (Vitamin B_r)

Pantothenic acid is a part of Coenzyme A that is involved in energy metabolism and glucose production. It is needed for the synthesis of fatty acids, steroids, and hemoglobin in dogs and cats.

Vitamin B₁₂ (Cobalamin)

Vitamin B₁₂ is necessary for DNA formation and red blood cell production. It helps maintain the nervous system and is essential for healthy mental function. Vitamin B_{12} , along with vitamin B₆ and folic acid, is critical for heart health.

Folic Acid (Vitamin B_o)

Folic acid is an important player in mitochondrial protein synthesis, blood health, and the metabolism of amino acids and nucleotides. It serves as donors and acceptors of one-carbon units.

Biotin (Vitamin H)

Biotin is needed in glucose synthesis, amino acid metabolism, energy metabolism, and fatty acid synthesis. It is important for healthy skin and hair coat quality. For example, dietary biotin concentration at 10 mg/4000 kcal ME was associated with improved skin and hair quality in dogs.⁵

Vitamin C

Vitamin C aids in the production of collagen, which provides support to muscles, vascular tissues, bones, and cartilage. It is an important water soluble antioxidant. Vitamin C can be synthesized in dogs and cats. However. a number of studies have demonstrated health benefits of vitamin C supplementation in dog and cat foods. For example, Stay-C[®] 50, a special form of vitamin C, improved canine and feline periodontal health.⁶ Together with β-carotene and vitamin E supplementation, dietary vitamin C at 70 ppm decreased oxidative stress in healthy adult dogs.7

Choline

Choline is critical in lipid metabolism and for healthy liver function. It provides active methyl groups for methylation reactions in the body, including synthesis of methionine - an essential

amino acid. creatine a muscle power enhancer, carnitin – a healthy body weight facilitator, and acetylcholin – a neuro-transmitter used throughout the nervous system.

β-Carotene

β-Carotene is a powerful antioxidant and immune modulator. It is also a provitamin A in dogs. β-Carotene stimulates both cellular and humoral immune responses. For example, β -carotene supplementation increased plasma antibody concentration and enhanced the delayed-type hypersensitivity response in both dogs and cats.8

References

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Optimum Vitamin Nutrition

DSM vitamin supplement guidelines for dogs and cats*

Vitamins	Unit/kg	6	
Vitamin A1	I.U.	7100-23000	9000-25000
Vitamin D ₃	I.U.	640-1100	750-1300
Vitamin E ²	I.U.	50-500	51-550
Vitamin K ³	mg	1.7-2	1-2
Vitamin B ₁	mg	3-8	7-10
Vitamin B ₂	mg	7-60	5-27
Vitamin B ₆	mg	2-60	4-14
Vitamin B ₁₂ ⁴	mg	0.04-0.1	0.03-0.1
Niacin	mg	19-170	60-170
D-Pantothenic acid	mg	17-150	8-60
Folic acid	mg	0.3-2	1-2
Biotin⁵	mg	0.3-10	0.1-0.8
Vitamin C ⁶	mg	100-200	100-200
Choline	mg	2100-3000	3200-3300
β-Carotene ⁷	mg	30-150	30-50

* Expressed as unit/kg food with energy density of 4000 kcal/kg on dry matter basis. The dietary vitamin concentration should be corrected for energy density if the food energy density is greater than 4000 kcal/kg. The vitamin amounts stated are those which should be provided to the animal in the feed at the point of consumption. Additional vitamins should be added to the product to account for processing and shelf life storage losses to achieve the targeted consumption amounts of vitamins. These losses can be variable. Please ask your local DSM representative for typical vitamin process and storage loss information.

- 1. Vitamin A: preformed vitamin A is vital in diets for cats.
- 2. Vitamin E: the supplemental level should be at least 10 mg/kg for 1% of PUFAs in the diet. Higher levels are recommended to support the total antioxidant capacity of dogs and cats.
- 3. Vitamin K as Menadione: suplementation is particularly important in canned cat foods that contain > 25% fish when fed for a long period of time.
- 4. Vitamin B12: higher levels of supplementation might be needed in vegetarian diets as plants are a poor source of this vitamin.
- 5. Biotin: higher level is recommended for the improvement of coat and skin condition for cats and dogs.
- 6. Use ROVIMIX[®] STAY-C[®] (L-Ascorbyl-2-Polyphosphate) for reducing loss during processing and supporting the total antioxidant capacity of dogs and cats.
- 7. β-Carotene: recommended for supporting the total antioxidant capacity of dogs or cats and as a modulator of immune function.

DSM Nutritional Products

To find out more about our ingredients for pet nutrition, please contact your nearest DSM Nutritional Products office.

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